

# Cat Enrichment Log Sheet

DATE	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
<b><i>Mental Stimulation</i></b>							
Food/treats in feeder ball							
Clicker training							
<b><i>Auditory Stimulation</i></b>							
Radio - soothing music							
Bird song CD							
<b><i>Olfactory Stimulation</i></b>							
Catnip - pinch							
<b><i>Visual Stimulation</i></b>							
perpetual motion toy							
fishing pole toy							
bird feeder outside							
<b><i>Tactile Stimulation</i></b>							
petting/brushing							
<b><i>Taste Stimulation</i></b>							
novel food treat							
<b><i>Play Stimulation</i></b>							
any form of play							
<b><i>Social Contact (human)</i></b>							
sit quietly							